

# Welcome to Our Karate Club

Welcome to our Karate club, a community dedicated to the practice, discipline, and art of Karate. We are proud to offer a safe and supportive environment for students of all ages and skill levels to learn and grow.

## Our instructors

We are fortunate to have three highly qualified instructors, all of whom are DBS checked to ensure the highest standards of safety and security for our members. Each instructor brings a wealth of knowledge and experience to the dojo, fostering a learning environment that is both challenging and encouraging.

### Chief Instructor: Sensei Glyn Roberts, 4th Dan

At the helm of our instructional team is Sensei Glyn Roberts, a 4th Dan black belt with years of experience in Karate. Sensei Roberts is passionate about teaching and is committed to helping every student achieve their personal best. His expertise and dedication make him an invaluable leader and mentor to our club.

## Safety and First Aid

The safety and well-being of our members is our top priorities. Our club is equipped with trained safety and first aid officers who are always on hand to ensure that every training session is conducted safely. Whether it's a minor injury or a more serious concern, our officers are prepared to provide immediate and effective care.

## Join Us

We invite you to become a part of our Karate family. Whether you are a beginner looking to learn the basics or an experienced practitioner seeking to refine your skills, our club offers a welcoming and supportive environment to help you reach your goals. Come and experience the many benefits of Karate, from physical fitness and self-defence to mental discipline and self-confidence.

We look forward to seeing you in the dojo!